

**Please Note
Cheek to Cheek
no longer uses the
cell phone #
306-5483.
Please contact us
at the studio #
250-545-6539.**



Newsletter

September 2009



**Dancer
of the
Month:
Elaine Host**

don't miss this!

Welcome to Cheek to Cheek
Wine & Cheese Party

Welcome to the 2009/2010 Dance Season. Whether you took the summer off from dancing and would like to reconnect with other dancers or are just contemplating taking lessons, we welcome you to Cheek to Cheek Dance Studio. Watch some dance demos, have a glass of wine, get a tour of the studio and information about dance services offered this year. Meet the instructors and even have the opportunity to enroll upon lessons at a discounted rate!
**Saturday, September 12th 7:30-9:30 pm at Cheek to Cheek
No Charge
For more information contact Lorna at 250-545-6539**

For New Students Only
Cheek to Cheek
Introductory Special

- 1 (30 minute private) lesson
 - 1 (45 minute) group lesson
 - 1 (30 minute) private lesson
(to be taken in this order)
- Only \$25/single or couple
Limited Time Offer**

Call Now to Schedule Your First Lesson

**Coming Soon: For your convenience
Cheek to Cheek will be accepting
credit and debit cards**

Dance Tips

For dances that travel (Foxtrot, Waltz, Tango, Viennese Waltz, Two-Step) dancers should travel Line of Dance (LOD) which is counter-clockwise around the floor. By utilizing the LOD rule dancers can more easily avoid collisions and give more space for all the dancers. Often a couple may be doing a moving dance such as the Foxtrot and another couple may be dancing a Jive to the same number. In this case the Jive couple should be in the centre of the floor allowing the outside to be free for the Foxtrot dancers.

A special thanks to Marten, Colleen, Jim H, Pamela, Lacey, Jeff, Dave and Ruth for promoting the studio by doing dance demos at the Show & Shine in Downtown Vernon.

What made you decide to take dance lessons? I have always loved to dance but had no idea what the steps were or the timing. Loved watching ballroom competitions on TV so when Cheek to Cheek opened in Vernon I signed up.
How long have you been taking lessons and how often do you take them?
About 3 years once a week and participate in as many group lessons as possible.
What is your favorite dance and why?
The Tango as it is so dramatic.
Why do you continue to take lessons? Besides wanting to become a very good dancer. I love going to the studio as the teachers and students are so much fun.
Who is your instructor? I started classes with Lorna, I have had Ruth, Pamela and Jeff for instructors as well. It is good to have such a variety of instructors as you will learn a new technique from each one of them.
What would you like people to know about you? Hmmm that is a good question. I think I can be very entertaining while I'm learning a new skill. So just hang in there with me and have fun.

**More Entries for the Slogan
contest:**

- Dancers Love It Cheek to Cheek
- Cheek to Cheek Dance Studio
FUN- One Move at a Time
- Cheek to Cheek Dance Studio
FUN- One Step at a Time
- Cheek to Cheek Dance Studio
FUN- Every Step of the Way
- Cheek to Cheek Dance Studio
Changing lives one step at a time
- Cheek to Cheek Dance Studio
Experience a new life one step at a time
- Cheek to Cheek Dance Studio
Change your life one step at a time.

*Enter your slogan today
You could win \$250 worth of
dance lessons.*

**Mark it
on your
calendar
Sat Oct 31
Masquerade
Dance &
Showcase**

**Cheek to Cheek
welcomes your
ideas and
suggestions.
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250-545-6539
www.dancecheek.com
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